

## Moonlighting

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### POLICY: MOONLIGHTING

Moonlighting is defined as any professional activity that occurs outside the course and scope of an approved graduate medical education training program, whether or not remuneration is received. Residents at Bridgeport Hospital are not required to engage in moonlighting. Bridgeport Hospital recognizes the ACGME Institutional Requirements referable to moonlighting activity. Internal moonlighting, as described in the Institutional Requirements, must be counted toward the 80-hour weekly limit on duty hours effective July 1, 2003.

Moonlighting activities may be inconsistent with sufficient time for rest and restoration to promote the residents educational experience and safe patient care. However, those residents interested in moonlighting activity must strictly adhere to the following set of conditions. Failure to abide by these conditions may lead to disciplinary actions against a resident including dismissal from the program.

1. A resident must obtain a prospective written statement of permission from the Program Director.
2. The resident must have a valid Connecticut license to practice medicine.
3. The resident must have a malpractice insurance policy that covers his or her activity outside the training program.

Trainees on a J-1 visa may not engage in any moonlighting activities without written permission from the ECFMG.

Questions regarding this Policy should be directed to the Department of Medical Education.